Match the Food to Its Group

Place an X in the correct food group column for each food listed.

Food	Grains	Vegetables	Fruits	Milk	Meat/Beans
Cheese					
Apple					
Oatmeal					
Fish					
Peas					
Rice					
Milk					
Greens					
Orange					
Yogurt					
Grapes					
Popcorn					
Carrot					
Beans					